

# Fruit Chaat | Easy Indian Fruit Salad

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-fruit-salad-indian-recipe>

## Ingredients:

- 2 1/2 cups fruits Mixed, Refer notes below
- 1/2 teaspoon aamchur Powder, Dry Mango Powder
- 1/2 teaspoon chaat masala Powder
- 1/2 teaspoon jeera powder Roasted
- 1/4 teaspoon black pepper Powder
- namak Sendha, or Rock Salt as per taste
- mint leaves finely chopped as required

## Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 15 grams
3. Fiber: 2 grams
4. Sodium: 200 milligrams
5. Sugar: 12 grams

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