

Masala Egg Bhurji (Indian Scrambled Eggs)

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-egg-bhurji-recipe-indian>

Ingredients:

- 2 tablespoons cooking oil light
- 1 medium onion finely chopped
- 1/2 teaspoon chilli powder
- salt to taste
- 2 medium tomatoes finely chopped
- 6 eggs beaten
- coriander leaves fresh, finely chopped for garnish, optional

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 315 milligrams
4. Fat: 14 grams
5. Fiber: 1 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 310 milligrams
9. Sugar: 4 grams

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