

# Easter Cake

Yield: 12 min  
Total Time: 420 min

Recipe from: <https://www.recipeschoose.com/recipes/healthy-easter-cake-recipe>

## Ingredients:

- 1 cup pistachio
- 1/2 lime juice and zest of
- 2 tablespoons coconut nectar
- 2 tablespoons coconut oil
- 1/2 cup shredded coconut
- 2 tablespoons coconut nectar
- 2 tablespoons coconut oil
- 1 cup fresh raspberries
- 1 teaspoon beetroot powder optional
- 1 cup almonds soaked and dehydrated
- 1/3 cup dates soft
- 1 tablespoon nut milk
- 1 tablespoon coconut oil
- 1/4 cup cacao nibs
- 3 avocado ripe
- 2 lime juice and zest of
- 3 tablespoons coconut nectar
- 1 tablespoon coconut oil
- 1 1/3 cups cashew soaked and dehydrated
- 1/2 cup nut milk

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 36 grams
3. Fat: 38 grams
4. Fiber: 9 grams
5. Protein: 11 grams
6. SaturatedFat: 11 grams
7. Sodium: 30 milligrams

8. Sugar: 12 grams

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