

Chinese Mustard Green Soup with Tofu and Pork (?????????)

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-pork-stew-recipe>

Ingredients:

- 1/4 pound pork thinly sliced
- 2 teaspoons light soy sauce
- 1/4 teaspoon cooking wine Chinese, Shao Xing
- 1/2 teaspoon corn starch
- 1/4 teaspoon sugar
- 1 pinch white pepper powder
- 1/8 teaspoon sesame oil
- 6 cups low sodium chicken broth
- 2 inches fresh ginger root thinly sliced
- 1 head chinese mustard Green
- 8 ounces medium firm tofu diced
- 1/8 teaspoon white pepper powder, more to serve on the side
- 1 dash sesame oil

Nutrition:

1. Calories: 150 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 20 milligrams
4. Fat: 9 grams
5. Protein: 18 grams
6. SaturatedFat: 1 grams
7. Sodium: 280 milligrams

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