

Chinese Braised Beef Stew Noodles

Yield: 4 min
Total Time: 150 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-beef-stew-recipe>

Ingredients:

- 2 pounds rib roast chuck
- 1 inch ginger peeled
- 4 cloves garlic
- 1/4 cup sugar
- 1/2 cup soy sauce
- 1/2 cup rice wine
- 10 black peppercorns
- 1 teaspoon Chinese 5 spice
- 2 Thai chili
- 3 scallions cut into 4 inch pieces
- 2 star anise
- 5 cups water
- 1 pound Chinese egg noodles
- 1/2 pound baby bok choy
- 2 cups beef broth
- 4 cups sauce beef