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Zucchini Side Dish

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/side-dish-for-italian-sausage-and-peppers-recipe

Ingredients:

- 3 tablespoons butter
- 1 onion large, diced, about 1 cup
- 2 cloves garlic minced
- 1 medium zucchini about 2.5 inches in diameter
- 3 fresh tomatoes diced
- 1/4 cup fresh herbs your favorite
- salt
- pepper

Nutrition:

Calories: 120 calories
Carbohydrate: 10 grams
Cholesterol: 25 milligrams

4. Fat: 9 grams5. Fiber: 3 grams6. Protein: 2 grams

7. SaturatedFat: 5 grams8. Sodium: 270 milligrams

9. Sugar: 5 grams

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