

# Italian Fried Shrimp Balls

Yield: 12 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-zucchini-lemon-garlic-italian-recipe>

## Ingredients:

- 4 cups shrimp fresh uncooked, – minced
- extra virgin olive oil Carapelli Unfiltered Organic, for frying
- 2 tablespoons butter
- 3 cloves garlic – chopped
- 1/2 cup red onion – chopped
- 1/2 cup zucchini grated
- 4 cups shrimp fresh, minced
- 1/2 cup celery – about 2 stalks – chopped
- 1/4 cup romano cheese – grated
- 4 fresh basil leaves – chopped
- 1/4 cup Italian parsley fresh, – stems removed and chopped
- 1/2 lemon
- 1/2 teaspoon dried oregano
- 1/2 teaspoon salt
- 1/2 teaspoon ground black pepper
- 1/4 teaspoon red pepper flakes
- 4 eggs
- 2 cups Italian bread crumbs – unseasoned
- 1 cup Italian bread crumbs seasoned

## Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 310 milligrams
4. Fat: 10 grams
5. Fiber: 2 grams
6. Protein: 38 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 920 milligrams

9. Sugar: 3 grams

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