

Grilled Shrimp Tostadas

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-tostadas-recipes>

Ingredients:

- 1 Hass avocados medium, halved
- 1/2 plum tomato seeded and diced
- 1/2 lime juiced
- 2 tablespoons red onion minced
- 1 clove garlic mashed
- 1/2 tablespoon chopped cilantro
- kosher salt
- pepper
- 16 jumbo shrimp 3/4 lb, shelled and deveined
- 1 garlic crushed
- 2 tablespoons salsa verde prepared, or homemade salsa verde
- 4 tostada shells
- 1 cup romaine lettuce shredded
- 1 cup fat-free refried beans canned, love Trader Joe's
- salsa verde extra, for topping
- 2 tablespoons queso crumbled, blanco, optional

Nutrition:

1. Calories: 240 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 40 milligrams
4. Fat: 12 grams
5. Fiber: 9 grams
6. Protein: 11 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 710 milligrams
9. Sugar: 3 grams

Thank you for visiting our website. Hope you enjoy Grilled Shrimp Tostadas above. You can see more 19 shrimp tostadas recipes Taste the magic today! to get more great cooking ideas.