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Shrimp Scampi Pizza

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/the-italian-shrimp-scampi-recipe

Ingredients:

- 8 1/4 ounces shrimp scampi Gorton's Simply Bake
- 1 batch pizza dough homemade or store-bought
- 1 tablespoon olive oil
- 1/2 teaspoon italian seasonings
- 1/2 teaspoon kosher salt
- 1/4 teaspoon garlic powder
- 1 cup mozzarella cheese
- Italian parsley {optional} fresh, chopped
- 2 tablespoons unsalted butter
- 1/4 cup white onion diced
- 1 teaspoon minced garlic
- 3 tablespoons all purpose flour
- 1/2 teaspoon dried oregano
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1 cup milk
- 1/2 cup Parmesan cheese grated

Nutrition:

Calories: 290 calories
 Carbohydrate: 11 grams
 Cholesterol: 50 milligrams

4. Fat: 20 grams5. Fiber: 1 grams

6. Protein: 15 grams
7. Saturated Fat: 10 grans

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9. Sugar: 5 grams

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