

Easy Spicy Parmesan Shrimp Scampi

Yield: 5 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/low-carb-shrimp-recipes>

Ingredients:

- 8 ounces angel hair pasta
- 12 ounces shrimp scampi box frozen SeaPak
- 1/2 cup diced onion
- 1 teaspoon minced garlic
- 1/2 cup chicken broth
- 1 cup heavy cream
- 1 cup shredded Parmesan cheese
- 15 ounces petite diced tomatoes drained
- 1 pinch red pepper
- parsley for garnish, optional

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 42 grams
3. Cholesterol: 90 milligrams
4. Fat: 27 grams
5. Fiber: 3 grams
6. Protein: 15 grams
7. SaturatedFat: 16 grams
8. Sodium: 310 milligrams
9. Sugar: 5 grams

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