

# Shrimp Saganaki (Greek Shrimp with Tomatoes & Feta)

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-saganaki-greek-recipe>

## Ingredients:

- 4 tablespoons extra virgin olive oil
- 3/4 cup finely chopped shallots from about 3 shallots
- 4 garlic cloves roughly chopped
- 28 ounces diced tomatoes
- 1 1/2 teaspoons salt
- 1/4 teaspoon pepper
- 1 teaspoon ground cumin
- 1/2 teaspoon crushed red pepper flakes use less if you are heat-sensitive
- 1 tablespoon honey
- 1 1/2 pounds extra large shrimp 26/30, peeled and deveined, thawed if frozen
- 6 ounces feta cheese
- 3/4 teaspoon dried oregano
- 2 tablespoons chopped fresh mint roughly

## Nutrition:

1. Calories: 490 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 295 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 43 grams
7. SaturatedFat: 8 grams
8. Sodium: 1630 milligrams
9. Sugar: 12 grams

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