

Herbed Ricotta Polenta with Shrimp

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-recipe-with-zesty-italian-dressing>

Ingredients:

- 36 ounces polenta tubes cooked, mine was sundried tomato
- 2 cups chicken beef or vegetable broth
- 1 teaspoon oregano
- 1 teaspoon basil
- 1 teaspoon parsley
- 1 teaspoon salt
- 1/2 teaspoon black pepper
- 15 ounces ricotta cheese
- 1 cup zesty Italian dressing
- 1 pound shrimp peeled and deveined

Nutrition:

1. Calories: 780 calories
2. Carbohydrate: 49 grams
3. Cholesterol: 300 milligrams
4. Fat: 46 grams
5. Fiber: 3 grams
6. Protein: 62 grams
7. SaturatedFat: 14 grams
8. Sodium: 2680 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Herbed Ricotta Polenta with Shrimp above. You can see more 16 shrimp recipe with zesty italian dressing Ignite your passion for cooking! to get more great cooking ideas.