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Shrimp Orzo in Creamy Wine Sauce

Yield: 4 min Total Time: 25 min

Recipe from: https://www.recipeschoose.com/recipes/shrimp-orzo-recipes

Ingredients:

- 1 cup orzo
- 1 pound shrimp peeled and deveined
- 2 teaspoons Italian seasoning divided
- 1/4 teaspoon red pepper flakes
- 2 tablespoons butter divided
- 1/2 onion chopped
- 3 cloves garlic minced
- 1/3 cup white wine
- 1/2 cup heavy cream
- 1/4 teaspoon sea salt
- 1/2 cup feta cheese crumbled
- parsley to garnish, optional

Nutrition:

Calories: 540 calories
Carbohydrate: 41 grams
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3. Cholesterol: 255 milligrams

4. Fat: 26 grams5. Fiber: 2 grams6. Protein: 33 grams

7. SaturatedFat: 15 grams8. Sodium: 590 milligrams

9. Sugar: 3 grams

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