

Puerto Rican Shrimp

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-mofongo-recipe-puerto-rican>

Ingredients:

- 2 pounds large shrimp de-veined with shell on
- 7 cloves garlic peeled
- 1 white onion peeled and roughly chopped
- 1 red bell pepper seeded and roughly chopped
- 1 bunch cilantro
- 3 tablespoons tomato paste
- 1 packet sazón
- sazón
- cumin
- shrimp

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 40 milligrams
4. Fat: 1 grams
5. Fiber: 2 grams
6. Protein: 7 grams
7. Sodium: 150 milligrams
8. Sugar: 4 grams

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