## RecipesCh@-se

## Air Fryer Frozen Shrimp

Yield: 4 min Total Time: 17 min

Recipe from: https://www.recipeschoose.com/recipes/shrimp-in-air-fryer-recipes

## **Ingredients:**

- 1 pound shrimp frozen, large, with tails and shells in tact
- 3 tablespoons olive oil
- 1 teaspoon salt
- 1/2 teaspoon pepper
- 1 tablespoon minced garlic
- 1/4 cup Parmesan cheese
- fresh parsley diced, for garnish, optional

## **Nutrition:**

Calories: 240 calories
Carbohydrate: 2 grams

3. Cholesterol: 175 milligrams

4. Fat: 14 grams5. Protein: 25 grams

6. SaturatedFat: 2.5 grams7. Sodium: 860 milligrams

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