

# Shrimp and Broccoli Stir Fry

Yield: 2 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/shrimp-and-broccoli-stir-fry-recipes>

## Ingredients:

- 9/16 pound prawns or shrimp
- 2 3/4 cups broccoli
- 1 teaspoon sesame seeds
- 1 green onion sliced
- 2 tablespoons soy sauce low sodium
- 1 tablespoon oyster sauce
- 1 teaspoon white vinegar
- 1 tablespoon agave syrup
- 1 tablespoon ginger grated
- 1 clove garlic grated
- 1 teaspoon sesame oil
- 1 teaspoon corn starch

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 135 milligrams
4. Fat: 4.5 grams
5. Fiber: 5 grams
6. Protein: 24 grams
7. Sodium: 1270 milligrams
8. Sugar: 3 grams

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