

Slow Cooker Italian Shredded Beef

Yield: 12 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/shredded-italian-roast-beef-recipe>

Ingredients:

- 32 ounces beef broth
- 2 teaspoons salt
- 2 teaspoons ground black pepper
- 2 teaspoons dried oregano
- 2 teaspoons dried basil
- 2 teaspoons onion powder
- 2 teaspoons dried parsley
- 2 1/2 teaspoons garlic powder
- 2 bay leaves
- 2 packages italian salad dressing mix such as Good Seasons brand
- 8 pounds bottom round roast cut into quarters and slightly de-fatified, yes, I totally made that word up

Nutrition:

1. Calories: 590 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 175 milligrams
4. Fat: 36 grams
5. Protein: 64 grams
6. SaturatedFat: 15 grams
7. Sodium: 810 milligrams

Thank you for visiting our website. Hope you enjoy Slow Cooker Italian Shredded Beef above. You can see more 19 shredded italian roast beef recipe Prepare to be amazed! to get more great cooking ideas.