

Corn, Zucchini, and Padrón Pepper Hash

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/shishito-pepper-recipe-chinese>

Ingredients:

- 2 corn cobs of
- 4 zucchini small, variety
- 1 pint shishito peppers or padrón
- extra-virgin olive oil
- kosher salt
- pepper
- 1 tablespoon fresh basil roughly chopped
- 1/2 tablespoon fresh cilantro finely chopped

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 15 grams
3. Fat: 5 grams
4. Fiber: 4 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 220 milligrams
8. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Corn, Zucchini, and Padrón Pepper Hash above. You can see more 17 shishito pepper recipe chinese Experience culinary bliss now! to get more great cooking ideas.