

Shimeji Mushrooms

Yield: 4 min
Total Time: 8 min

Recipe from: <https://www.recipeschoose.com/recipes/shimeji-japanese-recipe>

Ingredients:

- 2 teaspoons olive oil
- 5 ounces shimeji mushrooms 150 g, white or brown
- 1 tablespoon soy sauce
- 1 teaspoon rice vinegar
- 1 tablespoon butter
- 1 teaspoon minced garlic
- chives to your liking
- salt if necessary

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 10 milligrams
4. Fat: 5 grams
5. Fiber: 1 grams
6. Protein: 2 grams
7. SaturatedFat: 2 grams
8. Sodium: 440 milligrams
9. Sugar: 1 grams

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