

Doctored-Up 7-Layer Dip

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-mexican-7-layer-dip-recipe>

Ingredients:

- 28 ounces refried beans
- 1 1/2 cups guacamole
- 2 cups pico de gallo
- 16 ounces sour cream
- 1 packet taco seasoning
- 1 cup green onions chopped, about 2 bunches
- 16 ounces olives drained and chopped
- 1 cup chopped cilantro
- 1 lime
- 2 cups shredded sharp cheddar cheese
- 1 cup queso fresco cheese crumbled

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 64 grams
3. Cholesterol: 140 milligrams
4. Fat: 63 grams
5. Fiber: 17 grams
6. Protein: 33 grams
7. SaturatedFat: 31 grams
8. Sodium: 3620 milligrams
9. Sugar: 18 grams

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