

# Instant Pot Ramen

Yield: 6 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-islamic-sesame-scallion-bread-recipe>

## Ingredients:

- 1 pound chicken tenders or chicken breasts
- salt
- ground black pepper
- 1 1/2 tablespoons vegetable oil
- 4 cups chicken broth
- 2 cups water
- 4 eggs
- 3 packages ramen noodles discard the seasonings
- 8 ounces bok choy stem removed and sliced into pieces
- 1 1/2 tablespoons soy sauce or Japanese soup base, add more to taste
- 4 stalks scallion white parts into 2-inch length and green part into rounds
- sesame black and white, optional
- chili oil S&B La-Yu Chili Oil

## Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 30 grams
3. Cholesterol: 190 milligrams
4. Fat: 21 grams
5. Fiber: 1 grams
6. Protein: 29 grams
7. SaturatedFat: 6 grams
8. Sodium: 1430 milligrams
9. Sugar: 2 grams

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