

Prawn Schezwan Noodles

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/schezwan-prawns-recipe-indian>

Ingredients:

- 2 packets noodles thin
- 15 prawns /shrimps chopped
- 2 onion medium sized, julienned
- 1/2 cup greens spring onion, chopped
- 3/4 cup capsicum julienned
- 1/2 cup carrot julienned
- 1/2 cup cabbage chopped
- 10 french beans chopped
- 8 garlic pods minced
- 4 tablespoons sauce Schezwan
- 1 teaspoon black pepper powder
- 1 tablespoon rice vinegar
- 6 tablespoons oil or as needed
- salt To taste
- 1/2 teaspoon red chili powder
- 1/2 teaspoon salt

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 25 milligrams
4. Fat: 22 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 2 grams
8. Sodium: 600 milligrams
9. Sugar: 5 grams

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