

Vegetables With Pork Meatballs

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/scandinavian-pork-meatballs-recipe>

Ingredients:

- 1 1/4 cups vegetables green
- 5 shiitake mushrooms
- 3 green peppers
- 1 3/4 ounces pork
- 2/3 pound meatballs chicken
- 1 handful vermicelli
- green onion
- 2 slices ginger
- 2 red peppers dried
- 1/2 tablespoon soybean paste
- 1/2 teaspoon salt
- 2 tablespoons light soy sauce
- 1 1/2 tablespoons peanut oil

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 27 grams
3. Cholesterol: 10 milligrams
4. Fat: 7 grams
5. Fiber: 6 grams
6. Protein: 9 grams
7. SaturatedFat: 1 grams
8. Sodium: 860 milligrams
9. Sugar: 5 grams

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