

Swedish Meatball Soup

Yield: 6 min
Total Time: 445 min

Recipe from: <https://www.recipeschoose.com/recipes/scandinavian-meatball-soup-recipe>

Ingredients:

- 1/2 cup minced onion finely
- 2 tablespoons butter
- 4 cups beef stock
- 1 cup heavy cream
- 1/2 teaspoon nutmeg
- 1/2 teaspoon allspice
- 1/4 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 20 ounces frozen meatballs
- 8 ounces egg noodles
- 3/4 cup Sour Cream
- fresh dill

Nutrition:

1. Calories: 430 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 125 milligrams
4. Fat: 29 grams
5. Fiber: 2 grams
6. Protein: 10 grams
7. SaturatedFat: 17 grams
8. Sodium: 500 milligrams
9. Sugar: 4 grams

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