

# Buttermilk Pancake Mix Presents

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/scandinavian-buttermilk-pancake-recipe>

## Ingredients:

- 1 tablespoon granulated sugar
- 1/2 vanilla bean seeds scraped
- 1/2 cup all purpose flour
- 1/2 cup whole wheat flour
- 1 teaspoon baking powder
- 1/2 teaspoon baking soda
- 1/2 teaspoon salt
- 1/2 teaspoon ground cinnamon
- 1/4 cup dark chocolate chips
- 1 large egg
- 1 cup buttermilk
- 2 tablespoons butter melted and cooled.

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 50 milligrams
4. Fat: 8 grams
5. Fiber: 2 grams
6. Protein: 6 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 470 milligrams
9. Sugar: 7 grams

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