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Shrimp Scampi

Yield: 3 min Total Time: 32 min

Recipe from: https://www.recipeschoose.com/recipes/scampi-provencale-italian-recipe

Ingredients:

- 1/2 pound linguine half of a package
- 1/4 cup extra virgin olive oil
- 4 garlic cloves minced
- 1/2 teaspoon red pepper flakes
- 20 grape tomatoes halved
- 1/2 pound large shrimp peeled and deveined
- 1/2 lemon
- 2 tablespoons unsalted butter grass-fed
- 1/2 cup dry white wine
- 1 teaspoon kosher salt
- 1/2 teaspoon Urfa pepper or freshly ground black pepper
- 2 tablespoons fresh parsley finely chopped
- parmigiano freshly grated, reggiano

Nutrition:

- 1. Calories: 720 calories
- 2. Carbohydrate: 94 grams
- 3. Cholesterol: 25 milligrams
- 4. Fat: 29 grams
- 5. Fiber: 12 grams
- 6. Protein: 20 grams
- 7. SaturatedFat: 8 grams
- 8. Sodium: 930 milligrams
- 9. Sugar: 27 grams

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