

Crispy Cream Cheese Stuffed Jalapeno Poppers

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/jalapeno-poppers-recipe-with-italian-sausage>

Ingredients:

- 1 Chinese sausage Lap Cheong - can be substituted with 2-3 strips of bacon
- 1/2 small onion or 3-4 shallots
- 1/2 tablespoon honey
- 1 cup cheddar or any type of cheese, mozzarella will give you a bit more gooey-ness
- 250 grams cream cheese 1 box
- 12 jalapeno large
- 8 crab sticks imitation, approximately 1 cup shredded
- 1 tablespoon soy sauce
- 1/2 tablespoon garlic powder granulated, not garlic salt
- 2 tablespoons sesame seeds
- 1/2 cup panko bread crumbs Japanese
- 1/4 cup fried onions deep
- 1 tablespoon sesame oil

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 135 milligrams
4. Fat: 43 grams
5. Fiber: 2 grams
6. Protein: 24 grams
7. SaturatedFat: 19 grams
8. Sodium: 1010 milligrams
9. Sugar: 6 grams

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