

Santa Maria Grilled Tri-Tip Beef

Yield: 6 min
Total Time: 315 min

Recipe from: <https://www.recipeschoose.com/recipes/santa-maria-grilled-tri-tip-beef-recipes>

Ingredients:

- 2 teaspoons salt
- 2 teaspoons freshly ground black pepper
- 2 teaspoons garlic powder
- 1 1/2 teaspoons paprika
- 1 teaspoon onion powder
- 1 teaspoon dried rosemary
- 1/4 teaspoon cayenne pepper
- 2 1/2 pounds tri-tip roast beef
- 1/3 cup red wine vinegar
- 1/3 cup vegetable oil
- 4 cloves crushed garlic
- 1/2 teaspoon Dijon mustard

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 70 milligrams
4. Fat: 20 grams
5. Fiber: 1 grams
6. Protein: 40 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 890 milligrams

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