

Samoan Panikeke

Yield: 24 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/samoan-panikeke-recipes>

Ingredients:

- 3 1/2 cups all purpose flour
- 1 1/3 cups white sugar
- 2 teaspoons baking powder
- 2 bananas very ripe, mashed
- 1 tablespoon vanilla extract
- 1 1/2 cups water
- 6 cups vegetable oil for frying

Nutrition:

1. Calories: 600 calories
2. Carbohydrate: 28 grams
3. Fat: 55 grams
4. Fiber: 1 grams
5. Protein: 2 grams
6. SaturatedFat: 4 grams
7. Sodium: 45 milligrams
8. Sugar: 12 grams
9. TransFat: 1.5 grams

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