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Cinnamon Pecan Crusted Salmon

Yield: 4 min Total Time: 35 min

Recipe from: https://www.recipeschoose.com/recipes/salmon-recipes

Ingredients:

- 1 pound salmon cut into 4 pieces, or 4 salmon filets
- 1/2 cup mustard sauce or BBQ, /glaze, I used Daddy Sam's
- 2/3 cup pecans finely ground in a food processor
- 1 teaspoon cinnamon
- 2 tablespoons olive oil

Nutrition:

Calories: 440 calories
Carbohydrate: 6 grams
Cholesterol: 65 milligrams

4. Fat: 33 grams5. Fiber: 4 grams6. Protein: 30 grams7. SaturatedFat: 4 grams

8. Sodium: 480 milligrams

9. Sugar: 1 grams

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