

Oven Baked Salmon Fillets

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/salmon-recipe-with-italian-parsley>

Ingredients:

- 4 salmon fillets 5 ounces/150g each
- salt
- pepper
- 1 lemon
- butter
- 4 teaspoons cream cheese

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 85 milligrams
4. Fat: 22 grams
5. Fiber: 2 grams
6. Protein: 24 grams
7. SaturatedFat: 8 grams
8. Sodium: 320 milligrams

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