

# Salad Shirazi - Persian Cucumber-Tomato Salad

Yield: 2 min  
Total Time: 10 min

Recipe from: <https://www.recipeschoose.com/recipes/salad-olivier-recipe-persian>

## Ingredients:

- 3 seedless cucumbers small
- 1 red onion small
- 2 tomatoes firm round
- 4 tablespoons lemon juice
- salt
- pepper

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 27 grams
3. Fiber: 7 grams
4. Protein: 5 grams
5. Sodium: 330 milligrams
6. Sugar: 12 grams

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