

Fresh Summer Corn Salad with Creamy Italian Vinaigrette

Yield: 6 min
Total Time: 23 min

Recipe from: <https://www.recipeschoose.com/recipes/whole30-italian-vinaigrette-recipe>

Ingredients:

- 1/4 cup balsamic vinegar
- 1/4 cup olive oil
- 1/4 cup Best Foods® Real Mayonnaise or Hellmann's®
- 1 clove garlic finely chopped
- 3/4 teaspoon italian seasoning
- 8 ears corn-on-the-cob
- 1 red onion small, halved and thinly sliced
- 12 cherry tomatoes quartered
- 1 zucchini small, finely chopped
- 1/4 cup fresh basil leaves chopped

Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 6 grams
3. Fat: 9 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 10 milligrams
8. Sugar: 4 grams

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