

Pickled Watermelon Rind

Yield: 8 min
Total Time: 210 min

Recipe from: <https://www.recipeschoose.com/recipes/pickled-chinese-watermelon-rind-recipe>

Ingredients:

- 1 pound watermelon rind, from a 3-pound piece watermelon
- 3 tablespoons coarse salt
- 1 1/2 cups cider vinegar
- 1 1/2 cups sugar
- 2 tablespoons pickling spice

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 42 grams
3. Protein: 1 grams
4. Sodium: 2660 milligrams
5. Sugar: 41 grams

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