

Russian Vinegret Salad

Yield: 4 min

Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-vinegret-salad-recipe>

Ingredients:

- 3 beets medium, or 2 cans of beets, drained
- 3 medium potatoes
- 3 medium carrots
- 1 small onion chopped
- 3 dill pickles
- 10 ounces peas
- 10 ounces kidney beans drained, optional
- 1/4 cup green onions chopped
- 3 tablespoons olive oil divided
- 1 tablespoon white vinegar
- salt
- black pepper

Nutrition:

1. Calories: 350 calories
2. Carbohydrate: 53 grams
3. Fat: 11 grams
4. Fiber: 11 grams
5. Protein: 12 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 290 milligrams
8. Sugar: 13 grams

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