

Russian Vinaigrette Beet Salad

Yield: 8 min
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-vinaigrette-beet-red-kidney-beanssalad-recipe>

Ingredients:

- 3 beets large
- 1 potato large
- 3 carrots peeled and cut into fourths lengthwise
- 1/2 red onion diced
- 3 pickles diced
- 10 mushrooms marinated, diced
- 15 ounces garbanzo beans drained
- 15 ounces black beans drained
- 15 1/4 ounces whole kernel corn, drained
- 15 ounces green peas drained
- 5 green onions chopped
- 1 1/2 tablespoons vegetable oil
- 2 tablespoons fresh dill chopped, or more to taste

Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 61 grams
3. Fat: 6 grams
4. Fiber: 18 grams
5. Protein: 18 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 420 milligrams
8. Sugar: 14 grams

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