

WHISKEY CARMEL (adapted from Betty Crocker)

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-teacakes-recipe-from-betty-crocker-cooky-book>

Ingredients:

- 1 1/2 cups granulated sugar
- 1/3 cup water
- 1 1/4 cups whipping cream
- 1/2 teaspoon pure vanilla
- 3 tablespoons Irish whiskey or any whiskey, or bourbon

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 77 grams
3. Cholesterol: 50 milligrams
4. Fat: 14 grams
5. Protein: 1 grams
6. SaturatedFat: 9 grams
7. Sodium: 15 milligrams
8. Sugar: 76 grams

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