

# Sugar Free Fruitless Fruit Snacks

Yield: 4 min  
Total Time: 7 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-tea-mix-recipe-sugar-free>

## Ingredients:

- 2 1/2 cups water
- 4 herbal tea bags I used blueberry flavored
- 1/3 cup gelatin I used Knox, 6 packets
- 1/3 cup Swerve Sweetener
- 1/4 teaspoon salt
- 1 teaspoon liquid stevia Berry, or plain

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 1 grams
3. Protein: 17 grams
4. Sodium: 200 milligrams

---

Thank you for visiting our website. Hope you enjoy Sugar Free Fruitless Fruit Snacks above. You can see more 20 russian tea mix recipe sugar free Deliciousness awaits you! to get more great cooking ideas.