

# Tartaartjes Met Mosterd En Spruitjes Met Kaassaus

Yield: 4 min  
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-steak-tartare-recipe>

## Ingredients:

- 2 1/4 pounds aardappelen
- 1 2/3 pounds spruitjes kleine
- 4 tartaartjes
- 2 teaspoons mosterd
- 3 eetl vlees Blue Band Vloeibaar, & Jus
- 1 zak Knorr Kaassaus

## Nutrition:

1. Calories: 1260 calories
2. Carbohydrate: 57 grams
3. Cholesterol: 315 milligrams
4. Fat: 71 grams
5. Fiber: 13 grams
6. Protein: 99 grams
7. SaturatedFat: 28 grams
8. Sodium: 400 milligrams
9. Sugar: 6 grams
10. TransFat: 4.5 grams

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