

Sweet Russian Cabbage Soup

Yield: 4 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-russian-cabbage-soup-shchi-recipe>

Ingredients:

- 1 1/2 pounds lean beef ground
- 14 1/2 ounces diced tomatoes
- 8 ounces tomato sauce
- 4 cubes beef bouillon
- 2 carrots medium, shredded
- 1 onion chopped
- 2 tablespoons white vinegar
- 1/2 cup white sugar
- 1 1/2 teaspoons salt
- 1/2 teaspoon ground black pepper
- 2 quarts water divided
- 3 cloves garlic finely chopped
- 1 head cabbage cored and cut into wedges

Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 55 grams
3. Fat: 1.5 grams
4. Fiber: 9 grams
5. Protein: 5 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 1210 milligrams
8. Sugar: 36 grams

Thank you for visiting our website. Hope you enjoy Sweet Russian Cabbage Soup above. You can see more 15 traditional russian cabbage soup shchi recipe Cook up something special! to get more great cooking ideas.