

Creamy Sorrel Soup

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-sorrel-soup-recipe>

Ingredients:

- 2 tablespoons unsalted butter
- 1 cup yellow onion small dice
- 1/4 cup carrots peeled and diced small
- 1/4 cup celery washed, trimmed and small dice
- 2 cups starchy potatoes small dice
- 1/3 cup basmati rice
- 4 cups vegetable broth
- 1 cup cream
- 2 1/2 cups sorrel washed, spun dry and chopped
- 2 teaspoons fresh thyme minced
- kosher salt
- kosher salt and fresh ground pepper

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 65 milligrams
4. Fat: 20 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 12 grams
8. Sodium: 1230 milligrams
9. Sugar: 5 grams

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