

# One Pan Cheesy Smoked Sausage & Pasta

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-smoked-sausage-recipe>

## Ingredients:

- 1 tablespoon olive oil
- 1 pound sausage
- 1/2 cup diced onion
- 1 tablespoon minced garlic
- 2 cups chicken broth
- 14 ounces diced tomatoes
- 1/2 cup milk
- 8 ounces dry pasta
- 1/2 teaspoon salt and pepper, each
- 2 cups jack cheese shredded Cheddar-
- 1/4 teaspoon red pepper flakes
- 1/3 cup scallions chopped, for garnish, optional

## Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 135 milligrams
4. Fat: 53 grams
5. Fiber: 2 grams
6. Protein: 36 grams
7. SaturatedFat: 22 grams
8. Sodium: 1380 milligrams
9. Sugar: 6 grams

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