

# Russian Syrniki

Yield: 8 min  
Total Time: 18 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-sirniki-recipe>

## Ingredients:

- 1 cup cottage cheese
- 2 eggs beaten
- 3 tablespoons white sugar
- 2 tablespoons semolina flour
- 3 tablespoons all purpose flour plus extra for dusting
- 1/3 cup canola oil for frying

## Nutrition:

1. Calories: 160 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 55 milligrams
4. Fat: 11 grams
5. Protein: 5 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 115 milligrams
8. Sugar: 6 grams

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