

Sauteed Cabbage

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-sauteed-cabbage-recipe>

Ingredients:

- 1 pound cabbage 1 small head
- 2 tablespoons oil choice
- 1 tablespoon sugar
- salt
- ground black pepper
- 2 teaspoons aceto balsamico
- 1 knob butter omit if vegan
- red pepper flakes optional

Nutrition:

1. Calories: 140 calories
2. Carbohydrate: 12 grams
3. Cholesterol: 10 milligrams
4. Fat: 11 grams
5. Fiber: 4 grams
6. Protein: 2 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 240 milligrams
9. Sugar: 4 grams

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