

# Tuscan Bean Soup

Yield: 6 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-sausage-stew-recipe>

## Ingredients:

- 6 slices bacon chopped 6 slices bacon chopped
- 2 tablespoons olive oil 2 tbsp olive oil
- 2 onions medium, chopped 2 medium onions chopped
- 6 ounces smoked sausage cut into small pieces, any smoked sausage will work 6 oz smoked sausage cut into small pieces, any smoked sausa...
- 6 cloves garlic minced 6 cloves garlic minced
- 38 ounces cannellini beans 2 cans, rinsed and drained 38 oz cannellini beans 2 cans, rinsed and drained
- 4 cups chicken broth low sodium 4 cups chicken broth low sodium
- 1/2 cup heavy cream 1/2 cup heavy cream
- 1 teaspoon paprika sweet or smoked 1 tsp paprika sweet or smoked
- 1 teaspoon fresh rosemary chopped 1 tsp fresh rosemary chopped
- 1/2 teaspoon thyme chopped 1/2 tsp thyme chopped
- 2 bay leaves 2 bay leaves
- pepper unchecked salt and, to taste salt and pepper to taste

## Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 35 grams
3. Cholesterol: 80 milligrams
4. Fat: 42 grams
5. Fiber: 1 grams
6. Protein: 27 grams
7. SaturatedFat: 15 grams
8. Sodium: 790 milligrams
9. Sugar: 2 grams
10. TransFat: 0.5 grams

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