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Easy Chopped Salmon Salad

Yield: 2 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/jamie-oliver-vietnamese-salmon-salad-recipe

Ingredients:

- 8 ounces salmon cooked and flaked*, if you don't have salmon leftover, go to notes below the recipe instructions to know how to bake...
- 3 cups cucumber chopped
- 3 cups red bell peppers chopped
- 3/4 cup red onions chopped
- 1 medium avocado chopped
- 4 cups lettuce chopped
- 1 tablespoon fresh parsley chopped
- 1 1/2 tablespoons freshly squeezed lemon juice
- 3 tablespoons extra virgin olive oil
- salt
- fresh ground black pepper