

# Mini Salmon Loaf

Yield: 2 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-salmon-loaf-recipe>

## Ingredients:

- 3/4 cup chopped celery
- 1/2 cup chopped onion
- 2 tablespoons canola oil
- 1 cup bread crumbs soft
- 1 eggs lightly beaten
- 2 tablespoons 2% reduced-fat milk
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 7 1/2 ounces salmon drained, bones and skin removed
- sauce DILL
- 1/2 cup mayo
- 1/4 cup sour cream
- 1 tablespoon lemon juice
- 1 tablespoon 2% reduced-fat milk
- 2 teaspoons snip fresh dill
- 1/2 teaspoon sugar
- 1/8 teaspoon pepper

## Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 60 grams
3. Cholesterol: 195 milligrams
4. Fat: 48 grams
5. Fiber: 5 grams
6. Protein: 33 grams
7. SaturatedFat: 11 grams
8. Sodium: 1520 milligrams
9. Sugar: 18 grams

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