

Peruvian Russian Salad – “Ensalada Rusa”

Yield: 4 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/peruvian-beet-salad-recipe>

Ingredients:

- 2 tablespoons mayonnaise
- 1 tablespoon white vinegar
- 1 tablespoon olive oil
- 1 tablespoon salt
- 1 pinch white pepper
- 1 cup peas
- 1 cup green beans diced
- 1/2 cup carrots diced, cubes
- 1 cup beets diced, or 2 medium size beets
- 2 yukon gold potatoes medium size yellow, cut in 1/2-inch pieces
- 2 eggs hard boil, diced
- salt

Nutrition:

1. Calories: 210 calories
2. Carbohydrate: 26 grams
3. Cholesterol: 110 milligrams
4. Fat: 8 grams
5. Fiber: 7 grams
6. Protein: 10 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 2100 milligrams
9. Sugar: 7 grams

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