

Crunchy Thai Chicken Salad with Peanut Dressing

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-salad-dressing-chicken-recipe>

Ingredients:

- dressing Peanut
- 1/3 cup creamy peanut butter
- 3 tablespoons rice vinegar regular vinegar plus one teaspoon of sugar will work in a pinch
- 1 lime
- 3 tablespoons vegetable oil
- 2 teaspoons sesame oil
- 2 tablespoons soy sauce
- 2 tablespoons honey
- 2 tablespoons sugar
- 1 garlic cloves chopped
- 1 tablespoon fresh ginger chopped or 1/2 teaspoon ground
- 1 teaspoon salt
- 1 pinch crushed red pepper flakes
- 2 tablespoons cilantro leaves fresh
- salad
- 1 1/2 cups chicken shredded
- 4 cups cabbage shredded napa or regular
- 2 carrots julienned
- 1 English cucumber seeded and sliced
- 1 red pepper sliced
- 2 green onions sliced on the diagonal
- 1/4 cup peanuts for garnish, optional

Nutrition:

1. Calories: 540 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 55 milligrams

4. Fat: 34 grams
5. Fiber: 7 grams
6. Protein: 28 grams
7. SaturatedFat: 6 grams
8. Sodium: 1250 milligrams
9. Sugar: 23 grams

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