

Apple Rose Puffed Pastries

Yield: 12 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/russian-rose-pastries-recipe>

Ingredients:

- 3 apples
- 2 sheets puffed pastries thawed
- 6 tablespoons apricot preserves
- 4 tablespoons water
- 1/2 lemon or 2 Tablespoons of lemon juice
- cinnamon
- sugar

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 34 grams
3. Fat: 16 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 4 grams
7. Sodium: 105 milligrams
8. Sugar: 11 grams

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